

13^e Edition du

DKV-UrbanTrail

LUXEMBOURG-VILLE



Dear fellow walker,

Thank you for registering for one of the walks organised in close collaboration with the Fédération Luxembourgeoise de Marche Populaire as part of the 13th edition of the **DKV-UrbanTrail**.

To make your participation in the walk as pleasant as possible, we invite you to take note of the following information
Chère amie marcheur, cher ami marcheur,

•Withdrawal of race numbers and last-minute registrations:

Bib numbers can be collected and last-minute registrations made at:

AUCHAN Kirchberg shopping centre, in the gallery (5, Rue Alphonse Weicker)

- Friday 19.04 from 10.00 am to 8.00 pm

Trail Village at the Cité Judiciaire (18, Plateau du Saint-Esprit)

- Saturday 20.04 from 8.00am to 11.50am

ATTENTION: Please bring safety pins to fasten your race number.

•Start:

Marche Populaire IVV / Nordic Walking – 5 km

Entre 11h00 et 12h00

Marche Populaire IVV / Nordic Walking – 10 km

Entre 10h30 et 12h00

Marche Populaire IVV / Nordic Walking – 18 km

Entre 10h00 et 12h00

•Refreshment points:

Refreshment points will be set up every 5 km along the route. You will also receive the Marche IVV participation stamps from the Fédération Luxembourgeoise de Marche Populaire..

PLEASE NOTE: Please bring a collapsible, reusable cup with you on your walk!

As we're concerned about the environment, we're no longer supplying disposable cups at the various refreshment points!

•Catering :

Catering stands (food and drink) will be available at the Trail Village in the Cité Judiciaire.

The Pasta Party will be available from 12.00 to 18.00. On presentation of the voucher included with your race number, you will receive your portion of pasta.

•Showers :

Showers are available at the Badeanstalt (12, rue des Bains; 600 m walk from the Cité Judiciaire) on presentation of your race number at the entrance.

•Toilets :

There are toilets in the Trail Village at the Cité Judiciaire and public toilets either near the "Gëlle Fra" or at the exit by taking the lift to the Grund.

•Weather:

To make the most of your participation in the **DKV-UrbanTrail**, please check the weather forecast before setting off and bring suitable clothing.

Security :

Please note that this is not a closed circuit, so respect the highway code and yourself. Anyone injured must stop another walker or call an ambulance.

•Children:

Children taking part in the **DKV-UrbanTrail** remain the responsibility of their parent or guardian at all times. Please note that you are taking part at your own risk and must ensure that you are able to do so safely.

•Parkings :

Parking Knuedler (11 Rue Notre Dame ; 400 m walking distance from Cité Judiciaire)

Parking Théâtre (13, place du Théâtre ; 700 m walking distance from Cité Judiciaire)

Parking Royal-Hamilius (37 Av. Monterey ; 700 m walking distance from Cité Judiciaire)

Parking du Glacis (21 Allée Scheffer ; 1700 m walking distance from Cité Judiciaire)

In general, try to use public transport as much as possible to come and take part in the **DKV-UrbanTrail**

•**Environmental protection :**

The organisation team strives to organise the **DKV-UrbanTrail** in an environmentally friendly way. Please help us to avoid litter.

Please use the bins provided! In the finish area and in the trail village, please avoid throwing rubbish outside the refreshment areas.

PLEASE NOTE: Please bring a collapsible, reusable cup with you on your walk!

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**All our partners, sponsors and volunteers wish a nice
13th édition of the DKV-UrbanTrail**

DKV
Luxembourg
membre du Groupe **lalux**

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